

Tiddlers

Drop in play session for **Babies under 1 year** with their parents/carers.

Opportunity to stimulate your baby while having a cup of tea and a chat with other parents/carers.

Gigglers

Drop in play session for **1-2 year old children** with their parents/carers.

Fun, singing, stories, painting, play, exploring

Both groups will run at the same time in the clinic room, this is to ensure the transition between the groups is easier for the children. However, we will divide the groups to ensure the babies can still be put down to play as per usual.

Whitley Health Clinic, Main Clinic Room
Wednesdays 1:30pm-3pm

Please contact the Family Visiting Team for further information on **0118 9207510**

Need someone to talk to?

Being a Mum or Dad has lots of rewards but can be extremely stressful at times. If you're feeling overwhelmed, sad, anxious or stressed Anna is available at Tiddlers/Gigglers every other Wednesday to listen and to help you cope with these feelings.