

Weekly Activities Timetable

This programme will run from 2nd April - 27th July

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Health Visitors Weigh & Stay Baby Clinic 9:30-11:30 Sure Start	Maths Course 9:30 - 11:30 & 12:30 - 2:30 Sure Start TERM TIME ONLY	Family Planning Clinic 8:30 - 11:00 Whitley Health & Social Services Centre	Messy Play Open Door First Session 9:30-11:30 Second session 12:30-2:30 Sure Start Age 0-5 years	Health Visitors Baby Clinic 9:00 - 11:00 Whitley Wood Community Centre	Second Saturday Play and Stay Plus Café 10:00 - 12:00 Second Saturday of every month. 14th April 12th May 14th July Sure Start Café open for Hot and cold beverages, sweet and savoury snacks. Age 0 - 5 years
Literacy Course 9:30 - 11:30 & 12:30 - 2:30 Sure Start TERM TIME ONLY	Rangers/Jabadao 10:00-11:00 Sure Start Main Hall 50p per family Age 0-5 years	'My Time' Time to share the highs and lows of being a parent 9.45 - 11.15 Sure Start Please contact the Family Visiting Team	Smoking Cessation 10:00-12:30 Whitley Health & Social Services Centre	Friday Family Fun 9:45 - 11:00 Whitley Wood Community Centre Age 0 - 5 years	
New Parents Group 1:15-2:45 Blagdon Nursery School & Children's Centre If your baby is aged between 3 weeks and 6 months come and join the group.	Ladybird Café 12:00-2:00pm Sure Start Hot and cold beverages, sweet and savoury snacks available.	Kennett Island Kids Club 10:00-12:00 The Meeting Place Kennet Island Age 0-5 years TERM TIME ONLY	Breast Feeding Clinic The Breast Feeding Network 11:00-1:00 Whitley Health & Social Services Centre	Ladybird Café 11:00-2:00pm Sure Start Hot and cold beverages, sweet and savoury snacks available.	
Tiny Time 1:15-2:45 Sure Start For mums & dads and other carers of babies under 1 year old.	English for speakers of other languages (ESOL) Conversational Group 1:00-2:00 Contact the Children Centre for further information.	Health Visitors Baby Clinic 11:00-1:00 Whitley Health & Social Services Centre	The Whitley Library Rhyme Time 11:15-11:45 Age 0-5 years	Academy Sport Parent & Child Swim 11:45-12:45 £2 per adult £1.50 over 3 years Under 3's are free Collect your voucher from Sure Start. Prices may change.	
Kennett Island Kids Club 2:00-4:00 The Meeting Place Kennet Island Age 0-5 years TERM TIME ONLY This club is run by volunteers	The Whitley Library Rhyme Time 2:15-2:45 Age 0-5 years	Academy Sport Parent & Child Swim 11:15-12:15 £2 per adult £1.50 over 3 years Under 3's are free Collect your voucher from Sure Start. Prices may change.	Under 19s Weigh and Stay 1:00-3:00 In partnership with the Health Visiting Team Sure Start	Academy Sport Bounce Around 1:30-3:30 £1.50 per child. An Academy Sport & Leisure Centre Session for families with children under 5 years. Prices may change.	
	Little Kickers 4:00-5:00 Sure Start Main Hall £1 per child per session Please contact the Childrens centre for bookings and more information. Age 22mths onwards	Tiddlers & Gigglers 1:30-3:00 Whitley Health & Social Services Centre Age 0-2 years			
		Story Time Open Door 1:30-4:00 Sure Start Age 0-5 years			

Don't forget to pick up your 'be healthy Voucher' for Swim.



Available from the Children's Centre



For more information or to book a session, please call the Children's Centre on 9375777. Activities in **ORANGE** boxes must be booked, activities in **BLUE** boxes do not need to be booked. From now on Sure Start will be asking for Donations in all of our sessions (unless otherwise stated).